PROOF

Top Print Area

Fold

Main Print Area

Fold

Bottom Print Area

NET WT 3 OZ (85g)

Microwave Popcorn

Nutrition Facts

Serving Size 1 ounce (28g)
Servings per container about 3

Amount per Serving		
Calories 130	Calories from Fat 60	
		% Daily Value*
Total Fat 7g		11%
Saturated Fat 3g		13%
Trans Fat 1g		
Cholesterol 0mg		0%
Sodium 250mg		11%
Total Carbohydrates 16g		5%
Dietary Fiber 3g		11%
Sugars 0g		
Protein 2g		

Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	5%

*Percent Daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your caloric needs

	Calories	2,000	2,500
Total Fat	less than	65g	80g
Sat Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram			
Fat 9	Carbohydrates 4		Protein 4

INGREDIENTS: POPCORN, PALM OIL, SALT, ARTIFICIAL FLAVOR, CONTAINS: MILK AND SOY
Packaged by Farm Fresh Popcorn Company
690 S Highway 89, Suite 200, Box 9670 Jackson, WY 83002

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